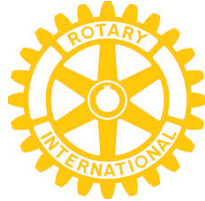


11 January 2024

The Rotary Club of Madison, CT

The Madisionian

President Susan Wagner
President-elect Vacant
Vice President Michael Perry
Secretary Tish Brown
Treasurer Janet Sandella
Sergeant at Arms David Moore
Past President David Moore



Board of Directors
Olando Petgrave - 2026
Chris Brown - 2026
Robin Miller - 2025
Janet Sandella - 2025
Ken Munro - 2024
Rob Stevens - 2024

Committee Chairs

Membership - Robin Miller Club Administration/Welcome - Steve Monks Public Relations/Communications - Diane Devries
New Generations/Interact - Robert Friend Service Projects-Educational, Humanitarian, Vocational - Jeff Cairns
Rotoract/Vista-Michael Perry Rotary Foundation & EREY Grants - David Moore
Visit our website at madisonctrotary.com

From President Susan's Corner:

Welcome incoming new members Paul Schott, Julie Ovian, Brett Nielsen, Corey Tyler, Mateusz Cieslak and Ryan Wollman!



Thursday 11 January 8:00 AM at the Madison Senior Center :

The installation of our new Rotarians will take place followed by our Board of Directors meeting. All members old and new are welcome to participate - We have many charitable requests to consider. BOD members - Please be available after 9:00 AM to consider requests. Also, please review these exciting upcoming events!

Upcoming Events - More to Follow!

Table with 4 columns: Madison Rotary Club 2024, Time/Date, Location, Notes - as of 1/9/2024. Rows include New Member Induction, Chamber Women in Business Series Kickoff, Diaper Drive, Vista Rotaract Meetings, Souper Bowl, Madison House Valentines Day Visit, March Event, Touch a Truck, 5th Thursday Events, Day of Service, and Carnival.

Last Week: Nancy Burns-Quilts of Valor for Veterans



Just take a look at these! Nancy, who spoke to us last week, works with **Old Saybrook Piecemakers**, a local group that works with the **Connecticut Branch of Quilts of Valor**. The Old Saybrook Quilts of Valor Foundation donates quilts to active duty military members and veterans as a reward for their service. To date, the entire Quilts of Valor foundation has awarded more than 159,000 quilts since it started in 2003. Jeff Cairnes, Veteran, U S Army, whose mother is very active in the group showed us his quilt! The group awards members with quilts from every branch of the military. **Thank you for your presentation to the Rotary Club of Madison Nancy Burns.**

Coming Next Thursday: **Clint Zeidenberg**

Clint Zeidenberg is both an international **CrossFit Games Coach** and internationally ranked **CrossFit** athlete. He is one of Connecticut's top fitness developers helping individuals to continually grow and improve.

Since 2011, hundreds of people, from beginner to experienced, from pre-teen to retired, have benefited from the expertise, warmth and transformational power of Clint's fitness development programs. In 2017 he coached an area resident to finish 11th in their division at the CrossFit Games. Personally, Clint's top ranking in 2016 had him 31st in the United States and 41st worldwide. In 2019, to the astonishment of his doctors who thought his injured shoulder would hinder his performance, Clint relied on fitness and wellness to break through this challenge and is ranked 108th in the US and 140th worldwide. In 2020 Clint created Recovery Fitness, the area's only resource helping people with recovery support from abuse, depression, anxiety, or loss through fitness. Clint Zeidenberg's coaching methods have been proven at the highest levels of personal and physical success. **Welcome to the Madison Rotary Club Clint Zeidenberg.**



11 Jan 2024	Induction of New Members & Board of Directors	Secretary Tish
18 Jan 2024	Chris Zeidenberg: RecoveryMovehere.org	Chris Brown
25 Jan 2024	Rotary Foundation	Mike Perry
Ground Hog Day	Another Great Program - Don't Miss it!	Chris Brown



The 4-Way Test: Of the things we think, say or do
 1. Is it the TRUTH?
 2. Is it FAIR to all concerned?
 3. Will it build GOODWILL AND BETTER FRIENDSHIPS?
 4. Will it be BENEFICIAL to all concerned?



Gordon R. McInally
 Rotary International President
 2023-2024

Madison Rotary Club Meets Thursdays 8 AM at the Senior Center
 Guests Welcome! Contact President Susan Wagner
SusanWagnerRotary@gmail.com (203)-444-7403

Christene Freedman
 District 7980 Governor
 2023-2024